

Resources for Gluten Free Food in the Lakes Area

Lakes Area Group ALEXANDRIA • ELBOW LAKE • FERGUS FALLS • MORRIS

Contact: Susan Frykman, Manager 320.528.2404 or papabear@runestone.net

Meadow Farm Foods

23064 Co Hwy 1
Fergus Falls, MN 56537
218-739-4585

Grain Bin

3015 Hwy 29 S
Alexandria, MN 56308
320-763-6876

PommeDe Terre Foods

613 Atlantic Ave.
Morris, MN 56267
320-589-4332

Union Avenue Market

116 S. Union Ave.
Fergus Falls, MN 56308
218-998-3663

Pete's County Market

2612 Broadway St.
Alexandria, MN 56531
320-762-1158

Everybody's Health Food Market

11 1st St. North
Long Prairie, MN 56347
320-732-3900

Other Area Sources – *for when you are out traveling*

Third Street Market

120 3rd St W
Park Rapids MN 56470
218-732-9063

Twisted Bakery

Dickinson ND 58601
701-483-4726 kpwanner@ndsupernet.com

CONTACT INFO: www.redriverceliacs.org email: redriverceliacs@gluten.net

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Red River Celiacs GIG is a Branch of The Gluten Intolerance Group®, also known as GIG®, and is a 501c (3) non-profit organization. Tax deductible donations can be sent to Red River Celiacs GIG, PO Box 464, Fargo, ND 58107. Donations will be used for educational awareness of Celiac Disease and our Nov. 2-3, 2007 Gluten Intolerance Education Conference at the Moorhead Marriott. Red River Celiacs GIG is an all volunteer organization.